

**NEW ERA SENIOR SECONDARY SCHOOL  
CLASS XII  
KATHAK DANCE (056)  
YEARLY LESSON PLAN-2026-27**

**APRIL**

**Chapter 1** Study of Brief history with other classical dance  
Styles of India

**No of periods allotted:** 3

**Chapter 1. 1** Practice of tatkar set to teentaal and jhaptal in  
Slower tempo  
Double tempo(dugun)  
Four times (chaugun)

**No of periods allotted:** 20 +5( for Riyaz)

**Learning Objectives:**

- To learn the history of different dance style.
- To enable students to learn the tempos used in classical dance.

**Material used:** laptop, notes, videos, internet

**Expected previous knowledge:**

- students' interest in watching various classical dances
- students were aware about the basic footsteps of kathak.

**Pedagogy:** verbal, repetitions of the steps, watching videos

**Methodology:**

- explanation of the history by teacher
- showing verbal counting about different tempos
- Students repeating after teacher for understating and learning tempos.

**Learning Outcomes:**

- Students will be able to understand the history of dances.
- Students will be able to perform different tempos in taals.

**Assessment of learning outcomes:**

- Practical evaluation test
- Oral checking of the learning

## **JUNE**

### **Chapter 2**

**Knowledge of the following terms: (short note)**

sangeet, tal, laya, sthana, chari, gati, mandala, karana angahara, bhramari, utplavana, lokadharmi natyadharmi, rasa and bhava.

**No of periods allotted:** 22

### **Chapter 2.1**

**life sketch of few great exponents** from past and few present of the dance form.

1. 2.
3. 4.

**No of periods allotted:** 4

### **Learning Objectives:**

- To enable students to learn the terms used in kathak dance.
- To make the students learn about past and present dance forms

**Material used :** laptop, notes, videos, internet

### **Expected previous knowledge :**

- Research about different personalities and their dance styles.
- Awareness of different types of Indian dances

**Pedagogy:** verbal, repetitions of the steps, observations

### **Methodology:**

- explanation of the terms used in dance. Discussion on life sketch of dancers
- Practically teacher will show the terms.
- Students repeating after teacher for understating the moves.

### **Learning Outcomes:**

- Students will be able to understand the definitions and terms used in classical dance.
- Students will be able to perform.
- Students will gain knowledge about different personalities.

### **Assessment of learning outcomes:**

- Practical evaluation test
- Oral checking of the learning

## **JULY**

### **Chapter 3**

**Study of the following terminology with**

**Definition:**

Vandana, Tihai, Aamad, Tora/Tukrra, paran

**No of periods allotted:** 6

### **Chapter 3.1**

**Technical compositions of the following:**

Vandana, Thaat, Aamad, Fast aamad, toda/tukda

**No of periods allotted:** 15 + 5( practice)

**Learning Objectives:**

- To enable students to learn basic terminology used in kathak
- To learn different technical compositions

**Material used:** laptop, notes, Videos, internet

**Expected previous knowledge:**

- How do we express ourselves in different situations?

**Pedagogy:** verbal, repetitions of the actions, watching videos

**Methodology:**

- Verbal explanation of the compositions and its use.
- Explanation of developing compositions
- Students repeating after teacher for understating and learning .

**Learning Outcomes:**

- Students will be able to understand the meaning of various compositions and its requirement in classical dances.
- Students will be able to perform the compositions

**Assessment of learning outcomes:**

- Practical evaluation test
- Oral checking of the learning
- Small periodical written test.

## **AUGUST**

### **Chapter 4**

**Study of the following terminology with**

**Definition:**

Chakardar Toda/Tukraa and paran, Gatnikas, Gatbhav

**No of periods allotted:** 6

### **Chapter 4.1**

**Technical Composition of the following:**

Chakradar Toda/Tukraa and paran,

Gat nikas, Gatbhaav

Ability to notate a tukraa/toda and paran

**No of periods allotted:** 10 + 5( for Riyaz and practice)

**Learning Objectives:**

- To enable students to learn basic terminology used in kathak
- To learn different technical compositions

**Material used:** laptop, notes, videos, internet

**Expected previous knowledge:**

- How do we express ourselves in different situations?

**Pedagogy:** verbal, repetitions of the actions, watching videos

**Methodology:**

- Verbal explanation of the compositions and its use.
- Explanation of developing compositions
- Students repeating after teacher for understating and learning .

• **Learning Outcomes:**

- Students will be able to understand the meaning of various compositions and its requirement in classical dances.
- Students will be able to perform the compositions

**Assessment of learning outcomes:**

- Practical evaluation test
- Oral checking of the learning
- Small periodical written test.

## **SEPTEMBER**

### **Chapter 5**

**Detail study of the following :**

**Elementary introduction to the text Natyashastra, Abhinaya Darpan:** (a) Identification of the author and (approximate date). (b) Myths regarding the origin of dance according to each text. c) Basic knowledge regarding the whole of each text, Natyashastra, Abhinaya Darpan

**Description of Prescribed Talas** along with Tala Notation with Thay, Dugun, Tigun and Chaugun: reciting and writing. Taal teen taal, jhap taal

**No of periods allotted:** 10

#### **Chapter 5.1 Definitions and explanation of Nav Rasa**

**No of periods allotted:** 12 + 5( practice)

#### **Learning Objectives:**

- To make the students aware and study about the great books for dance .
- To learn different types of rasa in dance.
- To able to recite and write different taals with its lay prakars.

**Material used:** laptop, notes, videos, internet

#### **Expected previous knowledge:**

- Awareness of different types of expressions in daily life.
- Dance moves and gestures of different feelings

**Pedagogy:** verbal, repetitions of the expressions, watching video clips

#### **Methodology:**

- Explanation, question answer sessions,
- Students repeating after teacher for understating and learning .

#### **Learning Outcomes:**

- Student will be enriched with the book review and its usefulness for dance students
- Students will be able to have their creative expressions in different steps.
- To able to recite and write taals

#### **Assessment of learning outcomes:**

- Practical evaluation test
- Oral checking of the learning
- Written test

## **OCTOBER**

### **Chapter 5**

### **Basic understanding of the term Abhinaya and**

The definition of its 4 aspects

Angika, Vanchika, Aharya, Satvika

### **Aquittance of three gharanas in kathak**

Lucknow, Jaipur, Banaras

**No of periods allotted: 10**

Chapter 5.1

### **Improvise in nritta and abhinaya**

**No of periods allotted: 15**

### **Learning Objectives:**

- To make the students aware about the term abhinaya.
- To enable students to learn compositions.

### **Chapter 5. Art Integration Activity**

Compose the following using rasas

“

**No of periods allotted: 10 + 5(for Riyaz and application)**

**Material used :** laptop, notes, videos, internet

### **Expected previous knowledge:**

- Awareness of the term abhinaya in normal life

**Pedagogy:** verbal, repetitions of the steps

### **Methodology:**

- Explanation, question answer sessions.
- Students are composing and performing.

### **Learning Outcomes:**

- Students will be able to perform abhinaya
- Students will be able to sing, explore, creative in developing his/her Own dance composition.

### **Assessment of learning outcomes:**

- Practical evaluation test
- Oral checking of the learning
- Written test

## **NOVEMBER-DECEMBER**

### **Chapter 6 Short notes on:**

Sangeet, taal, lay, sthaan, gati, mandala, karana angahara,  
Bhramari, utplava, lokdharmi, natyadharmi, ras, bhav

**No of periods allotted: 3**

**Chapter 6.1. practical sessions for the entire technical terms learnt.**

**No of periods allotted: 25 (for Riyaz and practice)**

### **Learning Objectives:**

- To enable students to get the perfections in performing.
- To develop proficiency in compositions

**Material used:** laptop, notes videos

### **Expected previous knowledge:**

- Students should be aware about all terms, abhinaya, bhava and rasas.

**Pedagogy:** verbal, repetitions of the steps and watching videos

### **Methodology:**

- Explanation, question answer sessions.
- Written practice of MCQ
- Riyaz by students

### **Learning Outcomes:**

- Students will be able to sing, explore, creative in developing his/her Choreography
- Students are able to perform independently.
- Students are able to write and recite taals

### **Assessment of learning outcomes:**

- Practical evaluation test
- Oral checking of the learning
- Written test